



**Mental Health
& Well Being**
SCCDSB

STUDENT MENTAL HEALTH & WELLBEING

Strategic Priorities & 2026-2027 Action Plan



Vision Statement

Students and families in the St. Clair Catholic District School Board community experience a strong sense of safety, belonging, faith, and wellbeing. This is grounded in meaningful connections and inclusive, identity-affirming school environments.

 <p>4 STRATEGIC PILLARS</p>	 <p>17 ACTION PRIORITIES</p>	 <p>SYSTEM-WIDE IMPLEMENTATION Across All Schools</p>	 <p>FAITH-BASED WHOLE PERSON APPROACH Grounded in Catholic Values</p>
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THE FOUR STRATEGIC PILLARS OF SUPPORT

1 Mental Health & Wellness Promotion

We aim to enhance everyday school and classroom experiences that cultivate a deep sense of belonging, connection, and care. Universal promotion of social-emotional learning establishes a foundation of safety rooted in Catholic education values, heavily driven by student voice and leadership.



2 Mental Health Literacy

We weave mental health awareness seamlessly into daily school life. Literacy empowers educators, clinicians, students, and families to recognize the early signs of mental health challenges, understand personal wellbeing, and confidently know how and where to seek help.



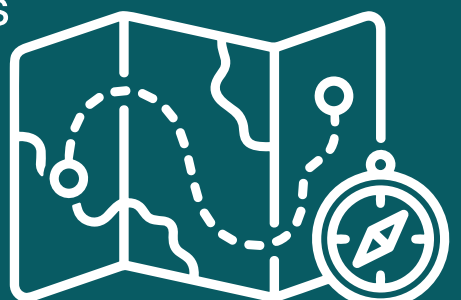
3 Prevent, Support & Amplify

We focus on early, targeted interventions to reduce risks, ease transitions, and reduce barriers. By standardizing our school-based resources and amplifying existing student strengths, we provide consistent care across all schools.



4 Timely Intervention

We commit to ensuring that students experiencing significant mental health distress are connected to professional, evidence-informed clinical support swiftly, accurately, and compassionately through explicit, well-mapped service pathways.



Questions or for more information, please connect with our leadership team.

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